

“IT IS JUST ME COUGHING”

DIRECTED, VISUALIZED, PERFORMED BY ZAN YAMASHITA
VISUAL OPERATOR: FUMI YOKOBORI



25th July 2009 (Sat) 8.30pm
26th July 2009 (Sun) 3.00pm

Annexe, Central Market

*Admission is Free

Organised by:



JAPAN FOUNDATION

DANCE ASIA

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About "*IT IS JUST ME COUGHING*"

One day as I stood alone in the rehearsal space, I noticed that my body was breathing, repeatedly inhaling and exhaling. Being in throes of creating a theatrical version of dance at the time, it occurred to me that if I could write a conversation between Mr. Inhale and Mr. Exhale then that could be a play about the human body.

In *It Is Just Me Coughing*, the symbols for inhalation and exhalation will be projected on stage alternately, 10 times each in total. On the plain backdrop, a word will also appear next to each symbol which will concurrently be expressed physically. The projection will change each time the performer has taken 10 breaths. Freedom and limitation that exists between word vs body, meaning vs symbol, auditorium vs stage, reality vs imagination will undoubtedly unfold before you.

Most of the words are quotes from free-verse haiku written by HOSAI OZAKI (1885-1926).



Born in Osaka(1970), Zan Yamashita is a choreographer, a director and a dancer. He lives in Kyoto. Since the mid 90s, Yamashita has devoted his time to choreographing performances with dance collectives. He has conducted a lot of experimental creations such as the dance using words, the piece using moving stage equipment, etc. Yamashita has also experiences as an actor and a dancer for other directors. His main works include *It Is Written There*, in which the all of the audience have the 100 page book and the stage performance proceeds while the audience turn the pages, *The Invisible Man* with the expression of dance through words, *The Sailors* with dancers performing on a swinging raft, and *Animal Theater* with the expression of freedom. He received the "Kyoto Art Center Theatre Award" in 2004.